

## 2019 Seattle Fall Hammer/Weight Series #1 9/1/19

### High School Hammer 4K

#### Girls

1. Kaitlyn Gallo 16, 9/18/02 Woodinville HS junior 30.37m 99' 7"

### High School Hammer 12lbs

#### Boys

1. Henry Erickson 16, 4/26/03, Snohomish HS junior 48.88m 160' 4"
1. Jayden White 17, 12/20/01, Everett HS senior 58.39m 191' 7" PR
2. Jackson Gibbon 18, 3/09/01, White River HS senior 49.47m 162' 3"

### High School weight 20lbs

#### Girls

1. Kaitlyn Gallo, 11.04m 36' 2 1/2"

### High School weight 25lbs

#### Boys

- 1 Henry Erickson 16.32m 53' 6 1/2"
1. Jayden White 19.63m 64' 5" PR
2. Jackson Gibbon 16.55m 54' 5"

### Open/Masters Hammer

#### Masters women 3k

1. Erica Boivin, 60 6/13/59 24.73m 81' 1 1/2"

### Open Men 16lb

1. Jayden White 45.53m 149' 4" PR
2. Henry Erickson 40.12m 131' 7" PR
- 3 Jackson Gibbon 39.80m 130' 7"

### Open/ Master Weight

#### Masters women 12lb.

- 1 Erika Boivin 8.84m 29' 0"

### Open Men 35lb.

1. Jayden White 15.23m 49' 11 1/2" PR
2. Jackson Gibbon 13.62m 44' 8" PR
3. Henry Erickson 12.20m 40' 1/2" PR

next meet 9/15/19. deadline 9/10/19 11:59pm. <http://getstrongfirst.com/smac>

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